

Modern College Of Arts, Science and Commerce

Shivajinagar Pune 411005 - Library

New Arrivals Department GYMKHANA Institute 0 From Date 01/04/2019 To 07/02/2020

Sr. No.	Accession No	Date	Title	Authors	Edition	
1	0	80723	25/11/2019	Yoga : For Stress Management	Venkatkrishnan, Sri	1 st
2	0	80724	25/11/2019	Health Education And Administration	Soni, Rashmi	1 st
3	0	81062	06/02/2020	Athletic Care And Rehabilitation	Gulhane, Ajay V.	1st
4	0	81063	06/02/2020	Yoga And Fitness	Biswal, Pradeep Kumar	1st
5	0	81064	06/02/2020	Historical Readings In Physical Education	Bhardwaj, Sudesh / Rathee, Nirmaljit K.	1st
6	0	81065	06/02/2020	Physiology Of Exercise	Behera, Devendra Nath	1st
7	0	81066	06/02/2020	Pranayama	Biswal, Pradeep Kumar	1st
8	0	81067	06/02/2020	Sports Psychology	Mohanty, Ashok Chandra	1st
9	0	81068	06/02/2020	Sports Biomechanics And Kinesiology	Gulhane, Ajay V.	1st
10	0	81069	06/02/2020	Sports Medicine	Pradhan, Ramesh Chandra	1st
11	0	81070	06/02/2020	Sports Nutrition Guide Book	Papade, Kaveri	1st
12	0	81071	06/02/2020	Art Of Yoga	Dubey, Dharmendra	1st
13	0	81072	06/02/2020	Yoga For Lifestyle Disease	Banerjee, Amit	1st
14	0	81073	06/02/2020	Yoga For Mental Health	Banerjee, Amit	1st
15	0	81074	06/02/2020	Yogic Sciences	Mishra, Srikanta	1st

Total Number of Books : 15

Modern College Of Arts, Science and Commerce
Shivajinagar Pune 411005 - Library

New Arrivals Department GYMKHANA Institute JC From Date 01/04/2019 To 07/02/2020

Sr. No.	Accession No	Date	Title	Authors	Edition	
1	JC	12491	15/01/2020	Heal Your Body : हील युवर बॉडी	Hay, Louise L. / Mande, Arun Tr.	4th
2	JC	12579	27/01/2020	Phalahar Kara Nirogi Raha : फलाहार करा निरोगी रहा	Deshmukh, Rasika Vitthal	8th
3	JC	12580	27/01/2020	Aushadhashivay Aarogya Kinwa Aarogyamarg Pradeep : औषधाशिवाय आरोग्य किंवा आरोग्यमार्ग प्रदीप	Chiplunkar, Gopal Mahadev	4th
4	JC	12581	27/01/2020	Vyayam Deepika : व्यायाम दीपिका	Bhagwat, K. P.	4th
5	JC	12582	27/01/2020	Vyayam Vidnyan : व्यायाम विज्ञान	Bhagwat, K. P.	1st
6	JC	12583	27/01/2020	Vyayam Va Sharirik Kashamata Kashi Mojtat : व्यायाम व शारीरिक क्षमता कशी मोजतात	Bhagwat, K. P.	1st
7	JC	12584	27/01/2020	Sulabh Yogasane Kinwa Yogyanchi Vyayampaddhati : सुलभ योगासने किंवा योग्यांची व्यायाम पध्दती	Chiplunkar, Gopal Mahadev	1st
8	JC	12585	27/01/2020	Naisargik Aahar : नैसर्गिक आहार	Vaidhya, Govind Amrut	2nd
9	JC	12586	27/01/2020	Yog Sarvansathi : योग सर्वांसाठी	Iyengar, B. K. S.	1st
10	JC	12587	27/01/2020	Fitness Mantra Teenagerssathi : फिटनेस मंत्र टीनएजसाठी	Jain, Namita / Mande, Arun Tr.	1st
11	JC	12588	27/01/2020	Chala Fit Raha : चाला फिट राहा	Snowdown, Les /Humpherys, Maggie / Mande, Arun Tr.	7th
12	JC	12589	27/01/2020	Hriday Swasthya : हृदय स्वास्थ्य	Padmavijay, G.	5th
13	JC	12591	27/01/2020	Sports Career : स्पोर्ट्स करीअर	Geet, Shreeram / Pendse, Ashish	1st
14	JC	12592	28/01/2020	Suryanamskar Aani Yogasane Pranayam : सूर्यनमस्कार आणि योगासने प्राणायाम	Bhogle, Smita	4th
15	JC	12593	28/01/2020	Aaharache Aarogyamantra : आहाराचे आरोग्यमंत्र	Deshmukh, Rasika Vitthal	4th
16	JC	12596	28/01/2020	Diet Doctor : डाइट डॉक्टर	Khosla, Ishi	2nd
17	JC	12597	28/01/2020	Striyansathi Yog Ek Vardan : स्त्रियांसाठी योग एक वरदान	Iyengar, Geeta / Gokhale, Ashwini Tr.	6th
18	JC	12598	28/01/2020	Sharir Sampada : शरीर संपदा	Bhagwat, K. P.	4th
19	JC	12599	28/01/2020	Aaharsutra Bhag 1 : आहारसूत्र भाग १	Karwarkar, Malati	5th
20	JC	12600	28/01/2020	Aaharsutra Bhag 2 : आहारसूत्र भाग २	Karwarkar, Malati	4th
21	JC	12602	28/01/2020	Yogasane Pranayam : योगासने प्राणायाम	Maharaj, Shreekisanji	20th
22	JC	12603	28/01/2020	Sampurn Yogsadhana Pranayam Course : संपूर्ण योगसाधना प्राणायाम कोर्स	Pokle, S. N.	8th
23	JC	12611	28/01/2020	Aanandi Sharir Anandi Man : आनंदी शरीर आनंदी मन	Joshi, Lily	8th
24	JC	12612	28/01/2020	Kheladunsathi Sampurn Margadarshan : खेळाडूसाठी संपूर्ण मार्गदर्शन	Pathak, V. G.	1st
25	JC	12613	29/01/2020	Paatanjal Yogasutre : पातंजल योगसूत्रे	Iyengar, B. K. S.	2nd
26	JC	12614	29/01/2020	Striyansathi Yoga : स्त्रियांसाठी योग	More, Vidya Damodar	1st
27	JC	12615	29/01/2020	Bhartolan : भारतोलन	Martale, Govind Sadashiv	1st

Modern College Of Arts, Science and Commerce
Shivajinagar Pune 411005 - Library

New Arrivals Department GYMKHANA Institute JC From Date 01/04/2019 To 07/02/2020

Sr. No.	Accession No	Date	Title	Authors	Edition	
28	JC	12616	29/01/2020	Gunkari Aahar : गुणकारी आहार	Bakhru, H. K.	1st
29	JC	12617	29/01/2020	Sadpatal Vha Sadpatal Raha : सडपातळ व्हा सडपातळ राहा	Dhuru, Vasumati	8th
30	JC	12620	29/01/2020	Sathinantarcha Aahar Va Aarogya : साठीनंतरचा आहार व आरोग्य	Joshi, Varsha	4th
31	JC	12621	29/01/2020	Char Athavadyat Vajan Kami Kara : चार आठवड्यात वजन कमी करा	Jain, Namita	3rd
32	JC	12629	29/01/2020	Ladies Gym : लेडीज जिम	Pakhare, Dileep	1st
33	JC	12630	29/01/2020	Shastrokta Masaj : शास्त्रोक्त मसाज	Godbole, Yogesh / Joshi, Manjiri	1st
34	JC	12635	30/01/2020	Yoga Doctrines In Mahapuranas	Pai, G. K.	1st
35	JC	12644	30/01/2020	Patanjali Yogasutras : पतंजली योगसूत्राणी	Arjunwadkar, K. S.	1st
36	JC	12645	30/01/2020	Yoga Of Patanjali	Yardi, M. R.	2nd

Total Number of Books : 36